BACHELOR OF COUNSELLING

(Part-time Programme)

SCHOOL OF
HUMAN DEVELOPMENT
AND SOCIAL SERVICES
The inclusion of personal development in counsellor education has been adopted by quality education programmes internationally. Our school’s counselling centre, C-Three (Connect • Counsel • Choices) provides personal development sessions for trainee counsellors to enhance self-care, promote personal growth, strengthen therapeutic skills, and as partial fulfillment towards the Counselling programme requirements.

This programme prepares graduates to function as professional counsellors. Graduates may choose to continue with the Master of Counselling at Singapore University of Social Sciences (formerly known as SIM University) (recognised by the Singapore Association for Counselling, SAC). Completion of 600 hours of face-to-face counselling within 3 years of their Masters graduation qualifies them for membership as registered SAC counsellors.

Why is Singapore University of Social Sciences Unique?

Studying in Singapore University of Social Sciences means that working adults are able to enrich themselves academically without compromising their careers, families and social lives. All our classes are conducted in the evenings and during weekends on campus. To supplement the classes, study guides are provided so that self-study is possible to complement classroom learning.

Application of gained knowledge and skills is immediate as the curriculum is designed to be practical for working adults, resulting in greater knowledge retention and assimilation.

Programme Structure

This programme is built around strong counselling competencies, and adopts an academic-practitioner approach to the counsellor education. Electives included in the programme are identified to allow for specialisation in desired settings and clientele groups.

To graduate with a basic degree, students are required to complete a total of 130 credit units (cu) of courses, inclusive of 10 cu of university core courses.
Semester 1:
- Human Growth and Life Span Development (Birth to Adolescence)
- Human Growth and Life Span Development (Adulthood to Old Age)
- Introduction to Counselling
- Counselling Processes and Practice

Semester 2:
- Social Emotional Learning
- Ethics in Counselling

Elective for Semester 2 (choose two):
- Biological Influences on Human Behaviour
- Psychology of Personality Development
- Mental Health and Wellness

Year 2

Semester 1:
- Group Theory and Group Dynamics
- Group Facilitation and Group Counselling
- Multicultural Counselling

Elective for Semester 1 (choose one):
- Counselling Children
- School-based Counselling

Semester 2:
- Theories and Techniques of Counselling 1
- Theories and Techniques of Counselling 2
- Laboratory on Basic Counselling Skills (10 cu)

Year 3

Semester 1:
- Assessment Methods in Counselling
- Research Methods in Counselling
- Family Counselling

Elective for Semester 1 (choose one):
- Counselling Adolescents
- Counselling Older Persons

Semester 2:
- Counselling Practicum (10 cu)
- Understanding Psychological Disorders

Elective for Semester 2 (choose one):
- Counselling for Addictions
- Career Guidance and Counselling
- Crisis Counselling
- Counselling for Anxiety and Depression

* Curriculum may be subject to changes.

For more information on our Bachelor of Counselling, please visit suss.edu.sg/BCOU
Admissions
You must be a Singapore citizen, permanent resident or a resident in Singapore. In addition, you will need to meet these minimum requirements:

- GCE 'A' level with two passes (prior to 2006) or two H2 passes (from 2006), or local Polytechnic Diploma or International Baccalaureate (IB) Diploma or NUS High School Diploma. Applicants with an acceptable SAT1 score may be considered for admission on a case-by-case basis;
- Two years of full-time work experience, or currently employed on a full-time basis; and
- At least 21 years old.

Some programmes may have additional requirements. Please refer to the individual programme pages for details.

Shortlisted candidates may be required to undergo one or more interview(s) and/or take written admission or other evaluation tests.

All applications are considered individually on merit, and the offer of admission depends on the number of places available. Admission is solely at the discretion of Singapore University of Social Sciences.

How to Apply
Applications are to be made online via suss.edu.sg. You must submit all the required documents together with your admission application. Incomplete applications will not be considered.

Tuition Fees and Government Subsidy
The amount of course fee you pay in each semester depends on the number of courses you take in that semester. Course fees cover all study materials, classes, supervision, assignments and examinations. They do not include costs for textbooks and other additional items specified by the university from time to time.

Students may be eligible for a government subsidy of up to 55% of the course fee. In addition, Singapore Citizens (SC) aged 40 and above who are pursuing MOE-subsidised undergraduate programmes with Singapore University of Social Sciences and who are eligible for the SkillsFuture Mid-Career Enhanced Subsidy will pay tuition fees that are 60% lower than the standard subsidised fees payable by other SC students who are below 40 years old.

All Singaporeans aged 25 and above can use their $500 SkillsFuture Credit from the government to pay for a wide range of approved skills-related courses. Visit the SkillsFuture Credit website (www.skillsfuture.sg/credit) to choose from the courses available on the SkillsFuture Credit course directory.

Please visit suss.edu.sg for current tuition fees and eligibility criteria for the government subsidy and SkillsFuture Mid-Career Enhanced Subsidy.

Internet Access
All Singapore University of Social Sciences' students must have access to a computer or laptop and the Internet in order to use the electronic and website facilities, which allow access to course, academic or administrative information.

Contact Details
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