2018 Undergraduate Programmes

BACHELOR OF
SPORTS AND PHYSICAL
EDUCATION WITH
MANAGEMENT OR
PSYCHOLOGY

(Part-time Programme)

S R NATHAN SCHOOL OF
HUMAN DEVELOPMENT
Programme Overview

This programme integrates essential pedagogical knowledge and skills tailored to practicing teachers as well as those interested in Sports, Physical Education and Outdoor Education. Courses in this programme are designed to provide a broad spectrum of theoretical knowledge including foundations, concepts and theories of the three disciplines, as well as provide practical skills that are essential for the work place. The programme has the flexibility to allow students to choose not only their Minor study in either Management or Psychology, but also courses in various areas including sports coaching, teaching primary/secondary school physical education, and outdoor education.

The programme has been benchmarked to programmes of top universities around the world. Students can expect high-quality courses that are up-to-date and relevant. Importantly, the programme will develop in graduates the versatility and mobility to work in diverse career fields.

Whom is this for?

People with passion to make an impact on the sports, physical education and outdoor education scene in Singapore. The Bachelor of Sports and Physical Education with Management or Psychology programme integrates both essential theory and practical skills within the discipline. It is developed with the practitioner in mind and caters to those who aspire to be in the field of sports, physical education and outdoor education. The programme builds on the foundational knowledge and skills of current practitioners and offers them the opportunity to explore in greater depth their areas of interest and focus.

Career Prospects

Graduates will have the flexibility and proficiency to take up roles in a variety of sectors such as sports business, fitness & health, leisure & recreation, education, and media & communication. There is a broad spectrum of career opportunities. These include sports programme manager, sports events organiser, health and wellness manager, sports instructor/coach, outdoor educator, PE teacher, lecturer, writer and sports publisher.
Programme Structure

Students are required to complete a total of 130 credit units (cu) to graduate with a basic degree, inclusive of 10 cu of university core courses.

The breakdown of the cu to be completed is:

- 40 cu of Major core courses;
- 30 cu of Major elective courses;
- 40 cu of Minor courses (Management/Psychology);
- 10 cu of S R Nathan School of Human Development core courses; and
- 10 cu of University core courses.

**Year 1**

**July Semester:**
- Motor Development and Learning
- Teaching of Fundamental Movement Skills
- Management/Introduction to Psychology 1
- Social Emotional Learning

**January Semester:**
- Instructional Aspects in the Teaching of Physical Education
- Exercise Physiology
- Theoretical Perspective of Outdoor Education
- Business Excellence/Introduction to Psychology 2
- Human Growth and Life Span Development (Birth to Adolescence)

**Year 2**

**July Semester:**
- Methods for Teaching Primary/Secondary Physical Education
- Health and Wellness and Principles of Fitness
- An Introduction to Land- and Water-Based Adventure Education
- Choose 10 cu from Management Electives or Psychology Electives

**January Semester:**
- Adapted Physical Education and Sport
- Teaching of Games (Territorial/Invasion; Net/Barrier; Striking/Fielding and Target Categories)
- Sports Biomechanics
- Risk Management in Outdoor Education
- Choose 5 cu from Management Electives or Psychology Electives

**Year 3**

**July Semester:**
- Sports Safety and Management of Sports Injuries
- Curriculum Design in Physical Education
- Instruction and Facilitation in Outdoor Learning
- Internship
- Choose 10 cu from Management Electives or Psychology Electives

**January Semester:**
- Applied Sports Psychology
- Measurement and Evaluation in Physical Education
- Sports Coaching
- Ecological Literacy and Sustainability
- Choose 5 cu from Management Electives or Psychology Electives

**Management Electives**
(Choose 30 cu; at least 10 cu must be at Level 3):
- Financial and Managerial Accounting
- Organisational Behaviour
- Quantitative Methods
- Contract and Agency Law
- Operations Management
- Project Management
- IT-Enabled Business Transformation
- Total Quality Management
- Financial Management
- Human Resource Management
- Leadership Development
- Team Dynamics
- Performance Management
- Supply Chain Management

**Psychology Electives**
(Choose 30 cu; at least 10 cu must be at Level 3):
- Organisational Psychology
- Social Psychology
- Educational Psychology
- Personality and Individual Differences
- Cognitive Psychology: Exploring the Mind
- Personnel Assessment and Selection
- Positive Psychology
- Psychology of Creativity
- Human Factors Psychology
- Biological Basis of Psychology
- Psychology of Consumer Behaviour

All courses are in 5 cu unless stated otherwise.

*Curriculum may be subject to changes.*

For more information on our Bachelor of Sports and Physical Education with Minors, please visit suss.edu.sg/PT
Admissions

You must be a Singapore citizen, permanent resident or a resident in Singapore. In addition, you will need to meet these minimum requirements:

- GCE 'A' level with two passes (prior to 2006) or two H2 passes (from 2006), or local Polytechnic Diploma or International Baccalaureate (IB) Diploma or NUS High School Diploma. Applicants with a Technical Diploma from ITE, or has an acceptable SAT or ACT (with Writing) score may be considered for admission on a case-by-case basis;
- Two years of full-time work experience, or currently employed on a full-time basis; and
- At least 21 years old.

Additional Degree Specific Requirements:

- Sports-related diploma (by reputable colleges or polytechnics*);
- Relevant work experience/other demonstrated competency in Sports may be considered; and
- Certification of medical fitness by a registered medical doctor to undertake the programme.

* These include: NIE Diploma (Physical Education, Primary), NIE Diploma in PE (In-service), NIE Postgraduate Diploma in Education (PE), or sports-related diploma from local or overseas.

Shortlisted candidates may be required to undergo one or more interview(s) and/or take written admission or other evaluation tests.

All applications are considered individually on merit, and the offer of admission depends on the number of places available. Admission is solely at the discretion of Singapore University of Social Sciences.

How to Apply

Applications are to be made online via suss.edu.sg. You must submit all the required documents together with your admission application. Incomplete applications will not be considered.

Tuition Fees and Government Subsidy

The amount of course fee you pay in each semester depends on the number of courses you take in that semester. Course fees cover all study materials, classes, supervision, assignments and examinations. They do not include costs for textbooks and other additional items specified by the university from time to time.

The tuition fee subsidy from the Singapore Government comes in the form of a tuition grant which is administered by the Ministry of Education (MOE) and is offered to eligible students studying for an undergraduate degree with the Singapore University of Social Sciences (SUSS). Singapore Citizens aged 40 and above who are pursuing MOE-subsidised undergraduate programmes with SUSS and who are eligible for the SkillsFuture Mid-Career Enhanced Subsidy will enjoy a higher subsidy.

All Singaporeans aged 25 and above can use their $500 SkillsFuture Credit from the government to pay for a wide range of approved skills-related courses. Visit the SkillsFuture Credit website (www.skillsfuture.sg/credit) to choose from the courses available on the SkillsFuture Credit course directory.

Please visit suss.edu.sg for current tuition fees and eligibility criteria for the government subsidy and SkillsFuture Mid-Career Enhanced Subsidy.

Internet Access

All Singapore University of Social Sciences’ students must have access to a computer or laptop and the Internet in order to use the electronic and website facilities, which allow access to course, academic or administrative information.

Contact Details

Singapore University of Social Sciences
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Singapore 599494

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